

# The Renewing

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# Strength

**Isaiah 40:28-31 (NLT)**



## Isaiah 40:28-31 (NLT)

28 Have you never heard?

Have you never understood?

The LORD is the everlasting God,  
the Creator of all the earth.

He never grows weak or weary.

No one can measure the depths of his  
understanding.

## Isaiah 40:28-31 (NLT)

- 29 He gives power to the weak  
and strength to the powerless.
- 30 Even youths will become weak and tired,  
and young men will fall in exhaustion.

## Isaiah 40:28-31 (NLT)

31 But those who trust in the LORD will find new strength.

They will soar high on wings like eagles.

They will run and not grow weary.

They will walk and not faint. †

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3. Our flesh is  
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## Galatians 6:8-9 (NLT)

8 Those who live only to satisfy their own sinful nature will harvest decay and death from that sinful nature. But those who live to please the Spirit will harvest everlasting life from the Spirit. 9 So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up. †

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2. He wants to *share* His power with *us.*

3. Our flesh is *miserably weak.*

4. We find *new*  
*strength* in  
the Lord.

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